



Presents

# Home Visitation Safety Best Practices

September 15, 2023





# who is envision?

- collaboration of CHWs & allies working with CDC to elevate the role of CHWs
- supports Community Health Workers for COVID Response and Resilient Communities recipients
- commitment to equity





## today's presenters



**Catherine Haywood**



**Silvia Ortega**



## objectives

1. During this presentation participants will learn the importance of home visitation safety and best practices.
2. Participants will gain more knowledge on what safety protocols to implement pre, during and after conducting home visits.
3. After this presentation participants will have the opportunity to explore what safety protocols are in place in their organization and make updates if needed.



# **VIDEO: Home Visiting Safety:** Staying Safe & Aware on the Job





# why home visits?







## preparing for a home visit



- Call to confirm
- Review what you covered
- Plan what you will cover
- Have materials ready
- Have a materials backup plan
- Dress comfortably
- Charge your phone





## safety before a visit

- Go during safe hours
- Find out who will be in the home
- Go in pairs when possible
- Tell someone the details
- Have a 'what if' plan
- Bring only what you need
- Review in case of emergency (ICE) procedures

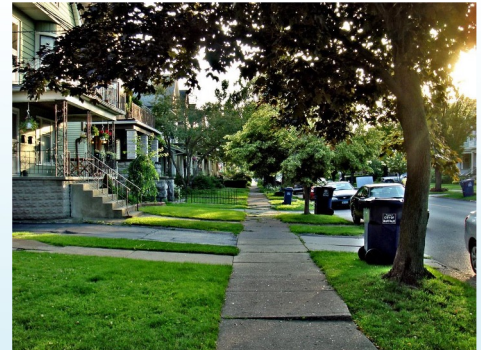






## safety during a visit

- Don't bring valuables
- Avoid wearing known gang colors
- Avoid wearing necklaces or scarves
- Carry or wear identification
- Consider carrying a whistle
- Carry your phone
- Set your phone to vibrate
- Park smart
- Pay attention to your environment





## safety during a visit continued

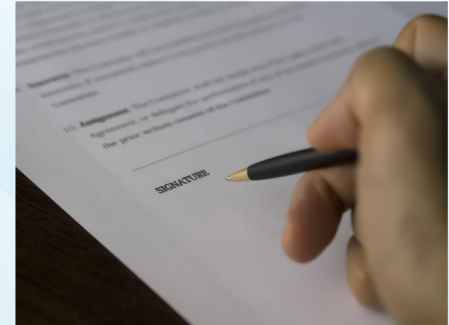
- Do not enter a home unless you see the participant
- Check for exists and any visible dangers
- Sit close to an exit, facing the door
- Do not touch or pet animals
- Do not accept food or drink
- Do not reveal personal information
- Do not interact with participants on social media





## safety after a visit

- Check your surroundings before entering car, lock your doors after
- Make sure your car is in good condition and prepared
- Wash your hands after each visit
- Document any suspicious activity





# trust building



## MOTIVATIONAL INTERVIEWING

**R**

**RESIST** telling them what to do:  
*Avoid telling, directing, or convincing your friend about the right path to good health.*

**U**

**UNDERSTAND** their motivation:  
*Seek to understand their values, needs, abilities, motivations and potential barriers to changing behaviors.*

**L**

**LISTEN** with empathy:  
*Seek to understand their values, needs, abilities, motivations and potential barriers to changing behaviors.*

**E**

**EMPOWER** them:  
*Work with your friends to set achievable goals and to identify techniques to overcome barriers.*





## discussion: assessing your home visitation safety protocols

- What safety protocols are established in your organization?
- What updates to your organization's protocols need to be made?
- What resources do you have to assess safety before, during, and after home visits? What resources do you need?





# virtual CHW safety trainings



**Home Visitation Safety Best Practices for CHWs,**  
offered at two different times - register now - links in the chat

**Thurs. Sept. 21, 2023**

2:00 EST, 1:00 CST,  
12:00 MST, 11:00 PST, 8:00 HST

**Tues. Sept. 26, 2023**

7:00 EST, 6:00 CST, 5:00 MST, 4:00  
PST, 1:00 HST





## our next webinar



### **Community Health Workers Allyship**

Thursday, Oct 26, 2023

1:30pm EST, 12:30pm CST, 11:30am MST, 10:30am PST

Register now - link in the chat



# have you joined myenvision?



an online resource sharing and  
community space for  
CHWs, CHW allies,  
and CCR-2109 recipients



## envision links



join our  
listserv

<http://eepurl.com/hOX9Ar>



visit our  
website

[www.envisionequity.org](http://www.envisionequity.org)



talk  
to us

[https://envisionequity.org/comme  
nt](https://envisionequity.org/comment)



## evaluation poll



Use the QR code or link in the chat to help us by giving us your feedback on today's session.



**thank you**